

# Family Back-Pack Trip To End Class

A one-week backpack trip to the Grand Canyon will culminate a backpacking class to be offered by the Poway Adult School beginning April 16.

Eddie Lindros, instructor of the class, said the trip is scheduled for June 14-21. "We will hike to the bottom of the canyon, spend two or three nights there, and hike back out."

This will be the first time the course has been offered by the district. Lindros has taught younger students the

techniques in summer school classes and conducted three trips to the High Sierras. He plans to take the Grand Canyon trip during spring vacation.

"The course will focus on familiarization with equipment, preparation for and planning a backpack trip, first aid, map reading, and in-depth study of the Grand Canyon," Lindros said.

Participants in the class will be able to enroll other members of the family who are 12 or older.

Registration and orientation for the meeting will be held on April 16 at Poway High School in Room E-12. The approximate cost for food, fees and insurance is estimated at \$45.

Lindros said the course will give members of the

community an opportunity to learn the fundamentals of safe and enjoyable backpacking.

"We will have lectures, films, guest speakers, and optional Saturday hikes during the first few weeks of the class," he said.



**BACK PACKING CLASS** — Eddie Lindros, instructor of a family course in backpacking for the Poway Adult School, talks to prospective members of the Edmondson family. (L-R) Mark, Diana, Lindros, Yvonne, Jeff and Steve (kneeling). Classes begin in April.

Ruth Messing Photo.